

Redbridge LMC News Update – August 2017

Chair: Dr Heath Springer Vice

Vice-Chair: Dr Shabnam Quraishi

1. Message from the LMC

Welcome to the latest Redbridge LMC Newsletter. You will be aware that the new LMC members were elected last year and are busy representing the views of local practices and constituents to ensure that they are represented at every level within the local health system and wider. We have established a buddy system to support practices further. This means you have your own personal representative who you can contact by email or telephone, and is more than pleased to come to your practice to listen to the views of members. Click [here](#) to find your representative.

Meetings are held every other month, if you would like to come to observe a meeting, or come to discuss an item please contact [the LMC office](#).

I would like to take the opportunity to update you about the work the LMC is currently undertaking. Some of the highlights are:

- PMS contract reviews
- GP Forward View proposals
- Liaising with neighbouring CCGs and LMCs
- Liaising with Barking, Havering and Redbridge University Trust (BHRUT) and Barts Health NHS Trust to raise issues affecting general practice
- Representing views to the Area Prescribing Committee on shared care agreements and repeat prescription requests
- East London Health & Care Partnership

We will provide updates on any specific outcomes that we achieve.

Finally, I would like to encourage practices to please highlight any relevant issues that they are facing and would like LMC to take up on their behalf. It is only through constant reminders, drip feeding and sustained pressure that we can bring about change. If you have any further suggestions on what the LMC could support you with or you would like in the newsletter please don't hesitate to contact us.

Redbridge LMC has applied for time to speak at a future Protected and Learning Engagement Event about the work of the local LMC and support available from Londonwide LMCs. Don't forget to look out for us to learn how we can help you!

Dr Jyoti Sood

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Redbridge LMC members

Dr Heath Springer (Chair)

Dr Shabnam Quraishi (Vice-Chair)

Dr Henry Akpabio

Dr Muhammed Tahir

Dr Najib Seedat

Dr Ambrish Shah

Dr Jyoti Sood

Dr Hector Spiteri

Dr Kaindon Kugathas

Dr Nimrit Dhillon, VTS representative

Dr Altaf Akhtar, VTS representative

Karen Wilson, Practice Manager representative

To get in touch with your representative or to raise any matters with the LMC contact Joni Wilson-Kaye (ioni.wilson-kaye@lmc.org.uk) or telephone 020 3818 6254.

If you are aware of a sessional or locum GP who has not received this newsletter please feel free to forward on as we are keen to ensure we are representing all our constituents; they can register to receive information directly [HERE](#).

GP Support

The GP Support Team are here to provide advice and support to any practice or individual GP.

To raise any confidential matters regarding your practice contact GPSupport@lmc.org.uk or visit their page on our [website](#) for further contact details.

2. East London Health and Care Partnership (ELHCP)

Dr Jackie Applebee, Chair of Tower Hamlets LMC, attended the launch event of the East London Health and Care Partnership on Monday 3 July. She has outlined her views on the event below:

I attended the launch of the East London Health Care Partnership, formally the North East London Sustainability and Transformation Plan (NEL STP) but there has been a rebrand on 3 July! This was held in Stratford Town Hall and was opened by the Mayor of Newham, Sir Robin Wales. There were at least 200 people in attendance from across the NHS and Local Government. We were introduced to the programme leads for each area of the STP and Anne Rainsberry, Regional Director for London, was there from NHS England.

Whilst I understand that the STP is yet another top down “disorganisation” from the Government and have the greatest respect for those trying to implement the, in my opinion, unimplementable, I was very concerned with the messages that I took home from the meeting. This may be deemed unfair but it seemed as if we were being told that if patients would only stop smoking, lose weight and stop abusing the NHS that all would be well and it would be possible to save the eye watering sums that are being asked of us (the financial gap in NEL is over £500m).

Professor Sir Michael Marmot’s work shows clearly that the most deprived people have the least control over their lives and find it extremely hard to act on health messages even if they hear and understand them. Parts of NEL are amongst the most deprived in the country, we are also due to have a population rise of over 300,000 in the next few years. To add to this, the plan is still to go ahead with the closure of A&E at King George Hospital in Ilford, with the obvious knock on effects to the other already teetering hospitals in NEL.

The financial demands of the STP/ELHCP are unachievable without huge cuts to services. We should be honest about this.

3. Whipps Cross Redevelopment

Plans for re-development at Whipps Cross have been presented to the LMC. The aim of the project is to provide a full range of services including A&E, maternity and surgical services as well as providing space for community or commercial services. It is hoped that the next phase of the project will be approved over the summer, leading to the development of more detailed proposals. Further details of the project plans as are available [here](#).

GMS 2017/18 Contract Changes

Full details of the GP contract changes for 2017/18 can be accessed on the NHS Employers website [here](#).

Indemnity Fees

Additional funding will be paid directly to practices on a per patient basis. This is intended to cover the increase in indemnity costs for all GPs working in the practice, including salaried GPs. GP partners should ensure that the appropriate amount of funding reaches their salaried GP colleagues.

Locum GPs will need to ensure their invoices/agreements with practices are uplifted appropriately to take this in to account.

CQC Fees

Part of the 2017/18 contract changes include full reimbursement of CQC registration fees.

The process for claiming fees back has now been published; Londonwide LMCs have produced a short piece of guidance available on the website [here](#).

Fragility Reviews

From 1 July practices need to identify patients over 65 living with frailty (using a tool such as eFI).

Those identified as moderately frail require this to be recorded in their notes.

Those identified as severely frail will need:

- an annual medication review
- any falls in the last 12months recorded
- turning on the enriched SCR discussed and the outcome recorded

There are no returns associated with this new requirement, and no thresholds to meet in terms of the data extracted.

Click [here](#) for the Technical Guidance document, see p.27 for coding guidance.

4. Public Health Updates

i) Weight Management in Primary Care

Redbridge Public Health have shared a webinar held with Professor Susan Jebb OBE. Professor Jebb gave a presentation on her research into brief interventions on weight loss in the primary care setting. To watch the webinar, click [here](#). You can also download slides or a transcript of the presentation.

ii) Hepatitis A outbreak

An outbreak of Hepatitis A has been ongoing across England since July 2016, with the majority of cases reported in London. Public Health England has produced new guidance, available [here](#). Guidance includes:

- Changes to NaTHNaC recommendations for Hepatitis A Vaccine for other countries
- Alternative vaccine options of Hepatitis A vaccines to mitigate effects of supply constraints

GUM clinics have received advice via a letter from the British Association for Sexual Health and HIV (BASHH) and BHIVA.

5. NHS Property Services

The LMC often receives queries regarding service charges and lease issues. Latest Londonwide LMCs guidance can be found [here](#). The guidance covers:

- Service Charges:** practices should only make payments to the extent they are satisfied as to the legal basis upon which they are payable. It remains good financial planning to set aside this money for payment at a later date.
- Lease negotiations:** practices should not sign any lease or Heads of Terms until these are fully understood and the practice is clear about any potential liabilities.

For advice about individual premises matters, please [contact GP support](#) – this does not replace the need to obtain independent legal advice.

Click [here](#) to read the guidance in full. Dr Ian Hume, GPC Premises lead, has also recently written out to practices with GPC guidance. Click [here](#) to read his letter in full.

6. National Diabetic Audit

Whilst most practices are already taking part in this annual audit, please remember that from July 2017 all practices will be contractually required to allow collection of data relating to the NDA.

LEAD Events

Londonwide Enterprise Ltd (LEL) was set up to provide affordable, high quality training and educational events for practice teams.

The Learning Education and Development (LEAD) team is always keen to hear what training is really needed on the ground – get in touch with any ideas by emailing lead@lmc.org.uk

Upcoming Events:

Communication and Customer Service 09:00am to 12:30pm

Wednesday 5 October 2017

Effective Medical Chaperoning in General Practice 9.00am to 12.30pm

Thursday 2 November 2017

LLMC Practice Mergers Guidance

This provides a summary of some of the issues that practices need to take account of in discussions on mergers with the other practice(s) - this can be accessed [here](#).

LLMC Patient Engagement Project

Londonwide LMCs Patient Engagement Project team conducted a patient engagement survey on experiences of patient participation groups (PPGs). The results for the Patient Engagement Survey can be found [HERE](#).

It is a contractual requirement to have a PPG. For more information on the Patient Engagement Project, please email patientengage@lmc.org.uk

7. Influenza and Pneumococcal Vaccinations and Immunisations

The Influenza and Pneumococcal vaccination DES contains an explicit requirement that practices operate a call and recall system for at-risk patients. The Childhood Immunisations and Imms and Vacs additional services regulations do not contain such an explicit requirement, though this is clearly highly advisable as there is an obligation therein to offer vaccination whenever appropriate and to take steps to maximise uptake.

8. Resources to help practices manage workload

i) GP State of Emergency

To help you through the GP state of emergency visit click [here](#).

There you will find waiting room posters, template letters and supporting guidance on a wide range of common topics such as requests for verification of absence letters from schools, housing applications, DWP appeals and much more.

ii) BMA Standard Hospital Contract Guidance

The new hospital contract came in to force earlier this year. The BMA has produced guidance and templates to provide practices and LMCs with resources to hold both CCGs and hospital trusts to account in implementing these contractual changes.

To access the guidance and templates click [here](#). The templates are already merged ready to import straight into Vision, EMIS or System One.

iii) Patient Online

The [toolkit to help GP practices promote online services to patients](#) helps practices to promote online services, including ordering repeat prescriptions, booking appointments and viewing medical records.

Any queries can be sent to [England Patient \(england.patient-online@nhs.net\)](mailto:England.Patient@nhs.net)

IR35 Rules

Since 6 April 2017 IR 35 legislation changed and it is now the responsibility of practices to assess whether a worker is in or outside the scope of IR35. Londonwide LMCs have produced guidance for practices, available on the LLMC website [here](#). The HMRC have produced an online tool, accessible [here](#)

Employers' requests to see appraisal summaries

It has come to the attention of Londonwide LMCs that some prospective employers have been asking candidates to share their appraisal summary. The LLMC view supported by colleagues on the GPC, is that this is unacceptable practice.

GP appraisal documentation is highly privileged information with restricted access for specific purposes only relating to the Medical Register, Licensing and Performers' List requirements. It is reasonable that the potential employer requests evidence of regular appraisal and date of revalidation. This could be a screen shot of the appraisal page on Clarity showing appraisal dates.

Proposed Changes to Meadow Court Nursing Home

Redbridge CCG has circulated proposed changes to Meadow Court nursing home.

The full proposal and feedback questionnaire can be found [here](#).

If you would like any more details or to discuss this further please contact haveyoursay.bhr@nhs.net or call 020 3688 1615.

The CCG is asking for views on the proposal by **Friday 27 October**

Contact us

Redbridge Local Medical Committee, Londonwide LMCs, Tavistock House, Tavistock Square, London, WC1H, 9HX. www.lmc.org.uk

The next LMC meeting takes place on Thursday 21 September 2017.

Redbridge LMC Team

Dr Heath Springer – Redbridge LMC Chair
[Dr Elliott Singer](#) - Medical Director/LMC Secretary
[Greg Cairns](#) - Director of Primary Care Strategy
[Sarah Martyn](#) - Assistant Director of Primary Care Strategy
[Joni Wilson-Kaye](#) - Committee Liaison Executive

Dates of Future 2017 Meetings:

Thursday 16 November 2017

Disclaimer: This publication is written for healthcare professionals in Redbridge and information may not be appropriate for use elsewhere. Editorial comments do not necessarily represent the views of the LMC.