

# “Boiling Frogs”

## The changing role of general practice and its impact

‘If you take a frog and you stick it in some very hot water it will jump out, it won’t like it. If you take the same frog and you stick it in a pan of water and you just very, very slowly warm it up, it will adapt to the change, to the point that [...] you can actually just boil the water and [...] because it’s so well used to adapting, it won’t realise that it’s actually dying!’ (GP6)

‘A lot of GP meetings that I used to go to they used to go on about “boiling frogs” and they said they keep on increasing the workload on GPs who are adapting to the point where they all crack and then say “That’s it, I’ve had enough!”.’ (GP6)

