



What Makes the Difference When Working Under Pressure?



High performance under pressure



Clarity
Constant Learning
Collaboration

Clarity



Why do you get up in the morning?

“Judge a man by his questions rather than his answers.” (Voltaire)

Clarity



What does success look like?

“Successful people ask better questions.” (Anthony Robbins)



Will it make our boat go faster?

What's your clear, unifying daily focus?

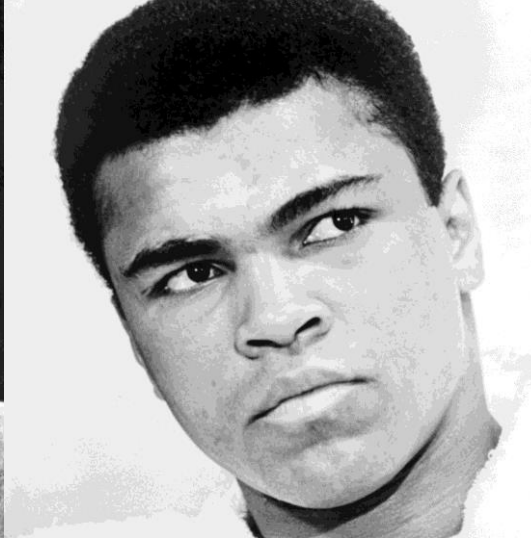
Constant Learning Mindset

What does a good learning environment look like?
Do you work in a positive learning environment?



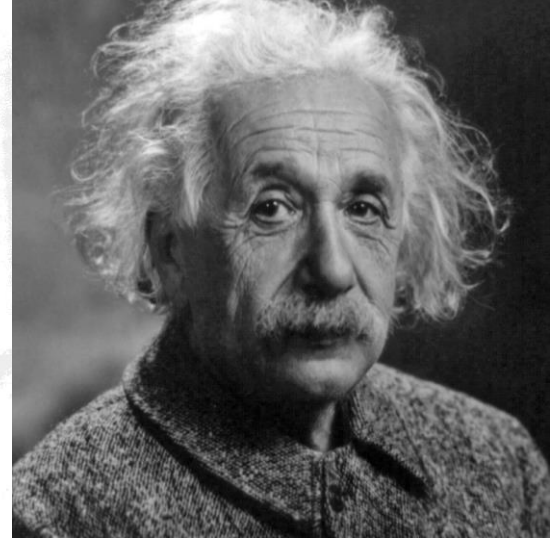
John F Kennedy:

"Leadership and learning are indispensable to each other."



Muhammad Ali

"The man who views the world at 50 the same as he did at 20 has wasted 30 years of his life."



Albert Einstein

"Intellectual growth should commence at birth and cease only at death."

How to be effective in a complex, hostile environment?



How to be effective in a complex, hostile environment?

UK Government study:

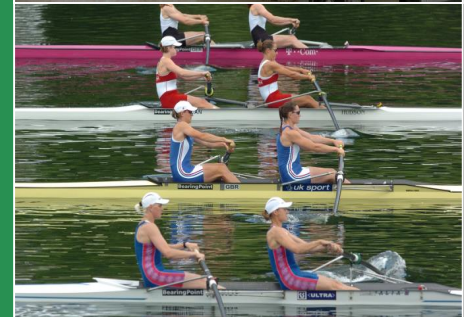
1. Flexibility and adaptability
2. Self-awareness under pressure
3. Authentic, collaborative relationships



Communication under Pressure

Under pressure in an emergency medical room,
Under pressure in an Olympic final,
Under pressure from incoming fire,

- No action taken without communication with others
- No action ever taken alone
- Consideration of others comes before everything else



Collaboration

“deep, collective determination to reach an objective”

“collaboration requires leadership”

“teams that work collaboratively can achieve greater results”



Mark de Rond: “To collaborate effectively remains a matter of personal choice”

Collaboration on the water



COMMON SHARED PURPOSE

- Proactivity
- Challenge perceptions, check reality
- Less competition, more collaboration

Diplomacy (Bosnia, Iraq)

Never lie knowingly
Listen more than you speak
Find something in common...



Collaborative Relationships

Who could you collaborate with who isn't in your immediate circle and could add to what you do?

WHY CAN'T WE GET ALL THE PEOPLE TOGETHER IN THE WORLD THAT WE REALLY LIKE AND THEN JUST STAY TOGETHER? I GUESS THAT WOULDN'T WORK. SOMEONE WOULD LEAVE. SOMEONE ALWAYS LEAVES. THEN WE WOULD HAVE TO SAY GOOD-BYE. I HATE GOOD-BYES. I KNOW WHAT I NEED. I NEED MORE HELLOS.



Charles M. Schultz

MEDIAWEBAPPS.COM

“It's not enough to have a bright technical idea. I have seen too many projects led by great, passionate people fail because they tried to be the lone influencer. You have to get the right people in the boat with you. You have to engage the entire human fabric.”

— Sophie Vandebroek, CTO, Xerox

Passion

Hegel:

“Nothing great in the world has been accomplished without passion.”

FEEL IT...

USE IT...

SHARE IT...

Carl Buechner:

“They may forget what you said, but they will never forget how you made them feel.”



Coxless Pairs Women



Start List - Final

- | | | |
|-----------------------------------------------------------------------------------|---|----------------------------------------|
|  | 1 | Maren Derlien / Sandra Goldbach |
|  | 2 | Darcy Marquardt / Buffy-Lynne Williams |
|  | 3 | Yuliya Bichyk / Natallia Helakh |
|  | 4 | Georgeta Damian / Viorica Susanu |
|  | 5 | Katherine Grainger / Cath Bishop |
|  | 6 | Juliette Haigh / Nicky Coles |



DON'T ASK WHAT'S WRONG, ASK WHAT'S POSSIBLE?