



Sutton LMC update

November 2016

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1. Introducing your new Local Medical Committee

LMC elections took place in the summer. We are pleased to announce that Dr Rebekah Dowdy has been elected to serve as chair of Sutton LMC for a two year term (2016-18).

The full list of current Sutton LMC members is set out below. Please contact them if you have any queries

Chair	Dr Rebekah Dowdy	rdowdy@nhs.net
LMC members	Dr Jeffrey Croucher	jeffrey.croucher@nhs.net
	Dr Kaushal Kansagra	kkansagra@nhs.net
	Dr Lindsey Roberts	lindsey.roberts@nhs.net
Co-opted	Dr Marion Rodin (as Federation representative)	marion.rodin@nhs.net
Practice Manager representatives (non-voting members)	Jonathan White	Jonathanwhite@nhs.net
	Debbie Williams	debbie.williams2@nhs.net

Londonwide LMCs Team

Each Local Medical Committee is supported by a team at the Londonwide LMCs' office. The following staff are dedicated to working with Sutton LMC and supporting GPs and their practices in the delivery of primary care across Sutton.

Medical Director / LMC Secretary	Dr Asiya Yunus	Asiya.Yunus@lmc.org.uk
Director of Primary Care Strategy	Julie Freeman	Julie.Freeman@lmc.org.uk
Assistant Director of	Nicola Rice	Nicola.Rice@lmc.org.uk

Primary Care Strategy

Committee Liaison
Executive

Amber Davis

Amber.Davis@lmc.org.uk

If you have any issues or queries please contact Amber Davis in the first instance by email.

2. A message from the Chair of Sutton LMC- Dr Rebekah Dowdy

Following a period as the interim Chair I was elected chair of Sutton LMC in September this year. I am a GP partner who has been working in Sutton for 10 years. Over the past years the LMC has been working to try and get a fairer deal for practices and we continue to do so.

As an LMC we have been negotiating on the PMS contract review, which although paused for a while will be continuing soon. We also work at a local commissioning level to raise contractual issues and represent the interests of our constituents during these discussions. We are working with the CCG regarding the services they wish to commission and have recently been involved in trying to ensure that new work is appropriately funded, such as the prostate cancer project. Our priorities over the 2016-18 include the PMS review, looking at locally contracted services and public health, reviewing collaborative working, and better engagement with our constituents.

We are keen to hear from constituents and for other colleagues to be involved. We are happy to receive ideas of how practices would like to engage with their LMC. Please feel to contact me on rdowdy@nhs.net with issues that arise or ideas for future working.

3. Basic Life Support Training

You are reminded that Basic Life Support training is mandatory for GPs and all staff on annual basis. Jonathan White, the Practice Manager representative on the LMC has indicated that he would be willing to help with organising any shared training across practices in Sutton if this is of interest to you. He can be contacted at jonathanwhite@nhs.net

4. Point of Care Testing for NHS Health Checks

Practices may have recently received an email from BHR Pharmaceuticals offering a training session on CardioCheck the cholesterol analyser to help deliver the NHS Health Check in Sutton. You are advised that the London Borough of Sutton will not fund test strips at present and so the contractual arrangements previously for NHS Health Checks will still apply. Therefore, if you do receive a similar invite to that from BHR Pharmaceuticals you are free to take up the offer of Point of Care Testing equipment but you will be responsible for purchasing the test strips.

5. General Practice State of Emergency (GPSoE) Campaign

To help practice staff to manage the increasing workload, Londonwide LMCs has produced some emergency guidance for practices to use to manage requests for unresourced work and to identify and communicate to patients activities that are not covered by the your core contract.

The resources can be accessed [here](#).

6. Friends and Family Test

Practices are reminded that it is a contractual requirement for Friends and Family Test submissions to be made by the twelfth working day of the month on a **monthly** basis. Even if you have no submissions in a particular month please enter 0 in the relevant sections on

CQRS. We need to remind you that if these returns are not made, it may result in the practice receiving a breach notice.

7. Londonwide LMCs patient engagement project

Did you know it is a contractual requirement to have a Patient Participation Group (PPG)? Having difficulties establishing or running an effective PPG? Let us know by contacting Beryl.Cross@lmc.org.uk

8. London Sexual Health Transformation Programme – October 2016 update

Londonwide LMCs has kept practices updated on the progress of the London Sexual Health Transformation Programme by including regular updates of the programme in the Londonwide LMCs newsletters. The most recent briefing is available [here](#) which includes the specific **South West London** update as follows:

SWL (and Hounslow) are committed to working together as a sub-region but there are no plans for a full SWL sub-region procurement. However, Wandsworth, Merton and Richmond will be producing an Inner SW sub regional Integrated Sexual Health Service to commence delivery in autumn 2017. These three boroughs intend to use the London E.healthcare services as the basis for the new system.

Sutton has recently procured an integrated service which commenced on 1 April 2016 and will be charging using Integrated Sexual Health Tariff (ISHT). Croydon have entered into a Section 75 Agreement with their current provider and will continue shadowing ISHT in 2016/17. Kingston has no plans for an at scale reconfiguration of its services. Hounslow have an integrated service contract ending in 2019.

9. Launch of the Health Help Now app and website

Sutton CCG is delighted to announce the launch of the Health Help Now app and website in Sutton. Health Help Now is a ground-breaking web app that helps people find the right local health services to meet their health needs, especially when they need medical help fast but it is not a life-threatening emergency. It is available both in app form on Android and Apple, and online (<http://www.healthhelpnow-nhs.net/>).

Health Help Now was initially launched in north Kent. The first six months after go live saw a significant drop in the number of people having no investigation or significant treatment at A&Es in north Kent. Compared to the equivalent months in the previous year, the reduction in attendances contributed savings of more than £182,000.

The app and website have been both designed to help people check their symptoms and find the best place for treatment – showing which services near them are open. It will help people to know when to go to A&E, and when not to. The information has been developed with the input of clinicians and includes advice about how people can treat themselves at home for minor illnesses and injuries. After clicking on an age group, symptoms and location, people are given options for treatment with the most suitable listed first.

Sutton CCG would like practices to download the app and give it a try. They will be launching the app during their Patient Education Events over the next couple of months and will continue to publicise it through GP surgeries, pharmacies, as well as online. If you use social media, Sutton CCG would like your support us by tweeting and retweeting!

If you have any comments, you can feedback through the app itself.