

Tower Hamlets LMC News Update – February 2020

Chair: Dr Jackie Applebee Vice Chair: Dr Naureen Bhatti

The latest Tower Hamlets News Update was circulated at the recent GP Forum where we informed on the work of the LMC and the Primary Care Networks within Tower Hamlets.

1. PCN DES

GPC England accepted a package for the 2020/21 contract, following the massive reaction to the DES specifications, as evidenced by your amazing responses to our survey last month. NHSE&I has agreed substantial changes to the specifications and, with careful management at practice and PCN level, to significant investment enabling funding to be directed towards partnerships and core general practice. This investment in partnerships and the core is a welcome start, although will need further work to ensure it is improved upon through to the year 2021/22. The new contract agreement can be found [here](#) and will be discussed at a Special Conference in March.

2. Digital First update

Practice/patient improvements -NHS England London region mandate for all practices to offer online consultation by April 2020. LMC currently in discussion with NEL STP teams and have raised need to invest in change management and mapping of different clinical/IT systems. LMC will continue to meet with NEL STP to establish how practices will be supported with offering online consultation to patients including exploration of patients/service users decision making.

3. Londonwide LMC Conference – Let’s Stick Together

Booking is now open for the Londonwide LMCs’ 2020 annual conference, ‘Let’s Stick Together’ at The Brewery on Tuesday 10 March 2020. The free to attend conference will focus on a number of areas including:

- Transformation and collaboration
- People and the profession
- Patients and access
- Practical resources to help practice teams.

The full programme for the day will be available soon and will include further information on keynote speakers and workshop presenters. Please click on the link for more information and to [book your place](#).

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Tower Hamlets LMC members

Dr Jackie Applebee (Chair)
Dr Naomi Beer
Dr Naureen Bhatti (Vice Chair)
Dr Gemma Eyres
Dr Archana Spahn
Dr Emma Radcliffe
Dr Selvaseelan Selvarajah
Dr Archana Spahn
Dr Natalie Symes
Dr Nirupam Talukder
Dr Sabir Zaman
Dr Jayalakshmi Aiyengar
Dr Alex Bunn
Beverly Fernando, Practice Manager

To get in touch with your representative or to raise any matters with the LMC contact Wendy Walker (wendy.walker@lmc.org.uk) or telephone 020 3818 6262.

GP Support

The GP Support Team are here to provide advice and support to any practice or individual GP.

To raise any confidential matters regarding your practice contact GPSupport@lmc.org.uk or visit their page on our [website](#) for further contact details.

4. NHS App

The NHS App provides a simple and secure way to access a range of healthcare services on your smartphone or tablet. Developed by NHS Digital and NHS England, it is fully integrated in all EMIS and TPP practices across England. Once registered, patients can:

- Check their symptoms using NHS 111 and the symptom checker
- Book and manage appointments at their GP practice
- Order their repeat prescriptions
- Securely view their GP medical record
- Register as an organ donor
- Choose whether the NHS uses their data for research and planning. More information is available at <https://digital.nhs.uk/nhsapp>

5. PCN Configuration and Clinical Directors

The Primary Care Networks in Tower Hamlets are:

PCN Name

Practice Membership

The One Network Alliance Ltd
Clinical Director

Dr Kamaldeep Tamber
Bethnal Green Health Centre
The Globe Town Surgery
The Mission Practice
Pollards Row Practice
Strouts Place Medical Centre

East End Health Network PCN
Clinical Director

Penny Louch
Albion Health Centre
Blithedale Medical Centre Blithedale
Medical Centre
Health E1 Homeless Medical Centre
The Spitalfields Practice

Stepney Whitechapel PCN
Clinical Director

Dr Benjamin Dougall
Brayford Surgery
City Wellbeing Practice
Harford Health Centre
Whitechapel Health Centre

Bow Health Network
Clinical Director

Dr Isabel Hodkinson
Grove Road Surgery
Harley Grove Medical Centre
Ruston Street Clinic
St Stephens Health Centre
The Tredegar Practice

LEAD Events

Londonwide Enterprise Ltd (LEL) was set up to provide affordable, high quality training and educational events for practice teams.

The Learning Education and Development (LEAD) team is always keen to hear what training is really needed on the ground – get in touch with any ideas by emailing lead@lmc.org.uk

Upcoming Events:

The NHS Pension Scheme – getting to know your pension
1:00pm – 4:00pm – Thursday 5 March

Effective medical chaperoning
09:30am – 12:30pm – Thursday 12 March

UK LMC Conference – 6/7 May

LMCs will be discussing motions for conference at their upcoming meetings. Please feel free to get in touch with your rep with any ideas you would like to propose.

PCN Name	Practice Membership
Mile End East and Bromley by Bow Clinical Director	Dr Sangeeta Rana-Masson Bromley by Bow Health Centre and XX Place Health Centre Merchant Street Practice St Andrews Health Centre St Pauls Way Medical Centre Stroudley Walk Health Centre
Healthy Island Partnership CIC Clinical Director	Dr Ben Shankland Island Health Medical Centre The Barkantine Practice Docklands Medical Centre Island Medical Centre
Popular and Limehouse Health and Wellbeing Network CIC Clinical Director	Dr Osman Ali Aberfeldy Practice Chrip Street Gough Walk Practice Limehouse Practice

6. Beam to LMC

Beam to LMC is a mobile app to help hard-pressed GPs and practice teams to highlight the pressure they're under from commissioners and others by taking control of their workload and sharing those requests in real time. Click on the link for more details to [Beam to LMC](#).

7. Observers Welcome / Get in touch

The LMC welcomes observers, if you would like to come to a meeting and see what we do or if you want to receive regular information on conferences etc., please contact us.

Contact us

Tower Hamlets Local Medical Committee, Londonwide LMCs, Tavistock House, Tavistock Square, LONDON WC1H, 9HX. www.lmc.org.uk

The next LMC meeting takes place on Tuesday 3 March 2020.

Tower Hamlets LMC Team

Dr Jackie Applebee – Tower Hamlets LMC, Chair
Dr Naureen Bhatti – Tower Hamlets LMC, Vice Chair
[Dr Elliott Singer](#) - Medical Director
[Greg Cairns](#) - Director of Primary Care Strategy
[Dami Akanbi](#) – Assistant Director, Primary Care Strategy
[Wendy Walker](#) - Committee Liaison Executive

Dates of Future 2020 Meetings:

Tuesday 12 May 2020
Tuesday 14 July 2020
Tuesday 8 September 2020
Tuesday 10 November 2020

Disclaimer: This publication is written for healthcare professionals in Tower Hamlets and information may not be appropriate for use elsewhere. Editorial comments do not necessarily represent the views of the LMC.